

PSHRE Curriculum Overview updated 2023



<p>Aims PSHRE is: Personal, Social, Health, Relationships and Economic Education PSHRE is the subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, while preparing them to make the most of their life and work.</p> <p>Alongside taught units, staff at school work on the themes of PSHRE with support an intervention in line with our Positive behaviour policy and school aims.</p> <p>We use a range of resources to create effective support for staff including PSHE Association; Educator Solutions RSE Toolkit; Project Evolve and Young Carers Matter.</p>	<p>Big Ideas The Core Themes Health and Wellbeing – to know how to keep yourself well physically and mentally and to know where to find help Relationships – building positive relationships and knowing how to keep yourself safe Living in the wider world – understanding your responsibilities, gaining an understanding of the digital world and developing an understanding of economic wellbeing.</p>	<p>Content and Sequencing</p> <table border="1"> <thead> <tr> <th></th> <th>Autumn 1</th> <th>Autumn 2</th> <th>Spring 1</th> <th>Spring 2</th> <th>Summer 1</th> <th>Summer 2</th> </tr> </thead> <tbody> <tr> <td>Reception</td> <td>How do I show my feelings?</td> <td>What keeps us clean?</td> <td>What is private and public?</td> <td>What rules keep me safe?</td> <td>Who are the people keep me safe?</td> <td>Why is being kind still important online? 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<p>Links with other subjects Computing – online safety English – books linked to social and emotional issues are used to support children’s understanding.</p>	<p>Retrieval practice (at age appropriate points) Vocabulary linked to units. Use of Brain box.</p>	<p>Progress Units of learning in each Core Theme build on the previous year’s learning. Key language builds on previous language used within the Core Theme. Assessment of the progress in this subject is based on observations. Where children find areas difficult further support will be given. Impact of the success of the curriculum will link to pupil surveys and pupil voice.</p>	<p>Support and Challenge All pupils access the PSHRE curriculum. Where appropriate visual aids, social stories and small group/individual overlearning may be necessary.</p>																																																							

