

Forest School Curriculum Overview



<p><u>Aims</u> Forest School aims to develop confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.</p>	<p><u>Big Ideas</u> Forest School is a long-term program that supports play, exploration and supported risk-taking through a child-centred learning process, that offers opportunities for holistic growth.</p>	<p><u>Content and Sequencing</u></p> <p>KS1</p> <ul style="list-style-type: none"> • Introduction to rules/boundaries/format of sessions • Promotion of independent learning opportunities/skills • Introduction of basic real tools and safety procedures • Introduction of basic shelter building with support • Promotion of free exploration • Introduction of fire safety and cooking over a camp fire • Begin to develop knowledge about the wildlife within our school grounds and how to look after them • Introduce basic knots <p>KS2</p> <ul style="list-style-type: none"> • Re-enforcement of rules and boundaries • Continuation of the use of basic tools, introduce larger tools and reinforce safety procedures • More sophisticated use of knots for attaching to structures, trees, etc. • Introduction of lashing and frapping techniques to make frames • Further knowledge about fire safety and fire lighting to an independent level • Take part in woodland management techniques 	
<p><u>Links with other subjects</u> English: Sharing ideas and experiences, taking turns in speaking, story-telling Science: Habitats, Fire Triangle, changes through the seasons PSHRE: Fire Safety, taking measured risks, personal safety, deepening a bond with nature, team-building activities, healthy lifestyles DT: Safe use of tools, shelter building Geography: Weather, appreciate the effects people have on their environments</p>	<p><u>Retrieval practice (at age appropriate points)</u> Safe movement around a fire Understanding of the 'Blood Bubble' when using tools in order to keep everyone safe How we look after the flora and fauna on site How being outside forms part of a healthy lifestyle</p>	<p><u>Progress</u></p> <p>Assessment of the progress in this subject is based on observations.</p> <p>Where children find areas difficult further support will be given. Impact of the success of the curriculum will link to pupil and parent surveys.</p>	<p><u>Support and Challenge</u> All pupils access Forest School.</p> <p>Where appropriate visual aids, social stories and small group/individual overlearning may be necessary.</p>